

Dublin Family Night

Wednesday, September 15, 2021

Make it a Device Free Night Here In Dublin

Spend Time Together As A Family! The goal of Family Night is to encourage families to take the evening to focus on each other and spend time together as a family in whatever way works for you and yours! Some of the researched benefits of spending time together on a regular basis as a family include: Increased academic success, risk-reduction for substance abuse, and strengthening your family's bond.

Our hope is that you will continue to make time for each other in meaningful ways throughout the year and use this evening as a kick-off! Please see below for suggested ideas on ways to connect and spend time together.

Here are some ideas to get you started!

Game On: Play your child's favorite game!

Family Memories: Look through old photos or videos together.

Family Service: Plan a family community service project.

Get Fit: Take a walk, run, or bike ride together. Head out to the park and play!

Dinner Together: Plan a meal and cook it together (or take advantage of some of the offers below!)

Be Creative: Create an art project, or do a craft together.

Dublin Parks and Rec. Ideas (Check out the hyperlinks to learn more):

- Hike through Dublin's parks and learn as you go. <https://dublinohiousa.gov/parks-open-space>
- Fish Dublin's ponds and catch the big one (remember you don't have to have a fishing license to fish at a Dublin Park pond). <https://dublinohiousa.gov/fishing/>
- Destination riding...choose a park and get there by bicycle. <http://dublinohiousa.gov/bicycling-in-dublin/>
- Letterbox or Geocache along the beautiful Scioto river. <https://dublinarts.org/visual-arts/riverboxes/>

CHOOSE LOCAL: During these uncertain times, we would like to suggest offering support to local businesses.

Please consider supporting one of the local restaurants or businesses listed below. Or, choose one of your family's favorite Dublin spots!

Dell's Homemade Ice Cream and Coffee (9345 Dublin Road. Shawnee Hills) Stop by Dell's and pretend like it is 1980, leave your iphone, smartphone, ipad, laptop, iPod, handheld and have some good family fun! If you are a Dublin Student when you "buy one scoop of Dell's homemade, small batch ice cream, get your second scoop free, on us."

Dublin Community Recreation Center (5600 Post Rd.) Dublin Community Recreation Center (5600 Post Rd) Leisure Pool open swim is all day until 5:30 p.m., closed 5:30 pm –7 p.m. , open 7-9 p.m. - Community Open Gym for one court from 3:30 p.m. – 9:30 p.m. DCRC Members can present their membership card for entry . Non-members can pay for a daily passes (\$6 Residents Ages 3-17 , \$8 Residents 18+, \$8 Non Residents Age 3-17, \$15 Non Residents 18+)

Dublin Branch of the Columbus Metropolitan Library (75 N High St.) Families are invited to swing by the branch and/or visit Sweetwaters Cafe, get a library card, and check out the School Help Center formerly the HHC.

Jason's Deli (225 W. Bridge St. Dublin location only) One complimentary Kid's Meal with the purchase of each adult meal (dine- in only 4:00 - 9:00 pm; please bring or mention flyer). Free ice cream with any dine-in purchase everyday!

Matt The Miller's Tavern (6725 Avery-Muirfield Dr) Enjoy a FREE kids meal up to a \$5.99 value with each paying adult. Dine in only.

Upcoming Programming From PERC - for more details, visit percdublin.org

- September 22: "Operation Street Smart" at Dublin Coffman High School 6:00PM.
- October 20: "Raising Mentally Healthy Kids" at Abbey Theater in the Dublin Community Recreation Center. 9:30AM and 7:00PM

Interested in finding out how your business can be featured to promote future Dublin Family Nights? Please email us at volunteer@percdublin.org to find out more.

2021 Family Night brought to you in partnership by:

