



Parents and Educators Raising our Community (PERC) Programing 2021-2022

All programming offered at 9:30-11am and 7-8:30pm at the Abbey Theater of Dublin and will be videotaped for the PERC YouTube channel, unless otherwise noted.

- September 15: “Fall Dublin Family Night,” PERC and Dublin City Schools (DCS) encourage families to take the evening to focus on each other and spend time together as a family. Many teachers give a night off from homework and school activities are at a minimum. A PERC developed flyer will promote Dublin area businesses who have joined in to give families a way to celebrate together.
- September 22: “Operation: Street Smart,” presented in conjunction with DCS and the Franklin County Sheriff’s Department at Dublin Coffman High School auditorium. This program will focus on current drug trends facing our youth and equip parents with knowledge to help their children make educated choices. 7-9pm. Not taped.
- October 20: “Raising Mentally Healthy Kids,” presented by Parker Huston, PhD, the Clinical Director of On Our Sleeves and a Pediatric Psychologist at Nationwide Children’s Hospital. This program will be targeted towards parents, caregivers and teachers of preschool to elementary age children. Topics including behavior management, discipline, redirection and social and emotional development strategies to help promote long-term mental wellness will be discussed.
- January 11: “Looking Ahead: Planning for Success in High School and Beyond,” presented in conjunction with At the Core. This program targets 8th grade parents (but is open to all) and encourages parents to consider their student’s future high school experience as they enter high school and look ahead to life after high school – whether it is college or career. 6:30-8pm.
- February 24: “Keeping Our Kids Safe,” presented by Nationwide Children’s Family Safety and Healing Center in the Tallas Rooms at the Dublin Community Recreation Center (DCRC). This program will be relevant to parents of children of any age and will address warning signs, social media, texting/sexting, male/female offenders, and more and will provide actionable advice you can use right away. This presentation will feature a team including medical and research specialists, prevention experts, human trafficking resources and digital abuse professionals. Also, you will become familiar with what your children are learning in the classroom on this topic. Not taped.
- March 16,17: “The Risky Business of Parenting” presented by author Dr. Jess Shatkin, MD, MPH, who leads the educational efforts of the NYU Child Study Center, where he is Vice Chair for Education and Professor of Child & Adolescent Psychiatry and Pediatrics at the NYU School of Medicine. His book, “Born to be Wild,” is a groundbreaking, research-based book that sheds new light on why young people make dangerous choices—and offers solutions that work. Hosted at the Emerald Campus on March 16 from 7-8:30pm (livestream available) and on March 17 from 9:30-11am in the Tallas Rooms at the DCRC.



PERC Programming 2021-2022 Continued

- April 7: “Can You See Me Now?,” presented by Health Awareness and Recovery Together Hilliard (HART Hilliard) and coordinated with Dublin Police and Syntero. This program allows attendees to explore a simulated teen bedroom for signs of potential drug and alcohol use. Hosted at Dublin Jerome High School Center for the Performing Arts from 7-8:30pm.
- April 20: “Spring Dublin Family Night,” PERC and Dublin City Schools encourage families to take the evening to focus on each other and spend time together as a family. A PERC developed flyer will promote Dublin area businesses who have joined in to give families a way to celebrate together.

PERC Book Talks

Book talks will be hosted in partnership with Syntero and will be held at locations as noted below.

- October 6: *Permission to Feel: Unlocking the Power of Emotions to Help Our Kids, Ourselves, and Our Society Thrive* by Marc Brackett. As the founding Director of Yale University’s Center for Emotional Intelligence, he has developed a remarkably effective plan to improve the lives of children and adults – a blueprint for understanding our emotions and using them wisely so that they help, rather than hinder, our success and well-being. 11am-12:30pm (Dublin Library, Rm 2) and 7-8:30pm (Zoom).
- March 9: *Born to Be Wild* by Jess Shatkin. 9:30-11am (Dublin Library, Rm 3) and 7-8:30pm (Zoom).
- April 6: *The Addiction Inoculation: Raising Healthy Kids in a Culture of Dependence* by Jessica Lahey. Whether your children are in pre-school or college (or older), this book has the information that you need to arm yourself and to be able to talk to your kids about a subject that causes so many parents worry. 9:30-11am (Dublin Library, Rm 3) and 7-8:30pm (Zoom).